**Activities to Teach Students About Bullying**

Schools don’t always need formal programs to help students learn about bullying prevention. Schools can incorporate the topic of bullying prevention in lessons and activities. Examples of activities to teach about bullying include:

* Internet or library research, such as looking up types of bullying, how to prevent it, and how kids should respond
* Presentations, such as a speech or role-play on stopping bullying
* Discussions about topics like reporting bullying
* Creative writing, such as a poem speaking out against bullying or a story or skit teaching bystanders how to help
* Artistic works, such as a collage about respect or the effects of bullying
* [Classroom meetings](https://www.stopbullying.gov/prevention/at-school/build-safe-environment) to talk about peer relations

[Talking about bullyin](https://www.stopbullying.gov/resources/how-to-talk-about-bullying)g directly is an important step in understanding how the issue might be affecting kids. There are no right or wrong answers to these questions, but it is important to encourage kids to answer them honestly. Assure kids that they are not alone in addressing any problems that arise. Start conversations about bullying with questions like these:

* What does “bullying” mean to you?
* Describe what kids who bully are like. Why do you think people bully?
* Who are the adults you trust most when it comes to things like bullying?
* Have you ever felt scared to go to school because you were afraid of bullying? What ways have you tried to change it?
* What do you think parents can do to help stop bullying?
* Have you or your friends left other kids out on purpose? Do you think that was bullying? Why or why not?
* What do you usually do when you see bullying going on?
* Do you ever see kids at your school being bullied by other kids? How does it make you feel?
* Have you ever tried to help someone who is being bullied? What happened? What would you do if it happens again?