**PERMISSION SLIP & MEDIA RELEASE**

Parents:

One of the best-known practices for sharing lifelong stories is through the telling of tales. Books help to capture and preserve these special moments. Book clubs, book talks, and opportunities to exchange what one reads are some of the best vehicles to learn about our collective experiences, cultures, differences, and common element—humanity.

This is a collaborative invitation and opportunity to have culinary students and members of our Sharks Read-4-Real participate in a book study that features food as a central theme. The selected book is *Hungry Hearts: 13 Tales of Food & Love by Anna-Marie McLemore, Jay Coles, Rebecca Roanhorse, et al.* (2020). This is a project-based learning experience that will expose participating students to tales that feature food, cultures, life, love, and living. The Book Study is scheduled for Friday, February 16, 2024.

In this book food is described as an essential thing; a pathway to love; a test of loyalty; magic and even vengeance. It features food from cafes, bakeries, restaurants, and places that connect, intersect, and shape the characters in their shared community through authentic voices. Featured recipes with ingredients that include social emotional learning; recipes that derive from history and reflection; peace meals and infused gatherings.

In this collaborative project the culminating activity will have a prompt or question that students will reflect on and then collect, capture, and display in a 12x12 frame. Participating students will be encouraged to choose one to three photos of individuals that inspire their own stories or tales of a recipe that has been passed on or has remained an essential part of family gatherings or celebrations. It can also be the reverse: A selected recipe that the participant hopes to introduce with images of individuals, occasions, and/or tales that have inspired this selection. This end product will be the students to keep and share.

B.E.S.T. ELA Standards

• The texts students read are meaningful and thought-provoking, preparing them to be informed, civic-minded members of their community.

• Standards should not stand alone as a separate focus for instruction but should be combined purposefully.

ELA.K12.EE.4.1

Use appropriate collaborative techniques and active listening skills when engaging in discussions in a variety of situations.

Program Culinary Arts: Common Career Technical Core – Career Ready Practices and

13.0 Identify and summarize the various cuisines of the world. The student will be able to:

13.01 Identify and distinguish ingredients of the five regions of the United States.

13.02 Identify flavor profiles from different cuisines of the world.

13.03 Compare and contrast the relationship of history and culture in regional cooking.

13.04 Prepare and creatively present menus that reflect different cultures.

Source: https://www.fldoe.org › fileparse.php

Permission:

Reviews for this book are attached. If you approve and are encouraging your child to participate in this project, complete the lower half of this handout. In addition, photos and/or videos may be taken as evidence for this grant. Check the appropriate box for Media Release. Return to the form to Mrs. O’Brien (Book Club) or Mrs. Williams (Culinary Class) by Tuesday, January 16, 2024. Assignment and books will be distributed soon after.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (alpha code) \_\_\_\_\_\_\_\_\_\_\_\_\_ have read and reviewed the attached reviews and I: (Check the appropriate boxes and provide signature and date below)

Student’s Full Name

Parent’s Full Name

🞎 PERMIT my child to fully participate in the Book Study 🞎 DO NOT PERMIT my child to fully participate in the Book Study.

* PERMIT my child to be included in media  🞎 DO NOT PERMIT my child to be included in media

(photos, videos, etc.)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature Today’s Date

**STANDARDS & BOOK REVIEWS**

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**FOLLETT DESTINY (SOURCE)**

**REVIEWS & AWARDS**

Booklist, 04/15/19; Bulletin of the Center for Children's Books, 07/01/19; Kirkus Reviews starred, 04/15/19; Publishers Weekly starred, 04/22/19l School Library Connection, 08/01/19; School Library Journal, 05/01/19

**FULL-TEXT REVIEWS**

**Booklist** (April 15, 2019 (Vol. 115, No. 16))

Grades 8-11. Somewhere in America is Hungry Hearts Row, where families of all cultures make and sell food. It’s not just any food, either—this is soul food, sometimes-magical meals that can grant wishes or revenge. In 13 interconnected stories, all set on Hungry Hearts Row, food is an essential thing. In some stories, such as Sandhya Menon’s “The Grand Ishq Adventure,” it’s the pathway to love, as one girl is emboldened to approach her crush after embarking on a series of solo dining adventures. In others, it’s the glue that holds a family together: Elsie Chapman’s “Kings and Queens” sees one family’s loyalties tested by the gang that uses their restaurant as a front. Others are infused with magic: in Rin Chupeco’s “Sugar and Spite,” an apprentice witch learns to cook with a literal vengeance, and in Caroline Tung Richmond’s “The Slender One,” a boy faces a tormented ghost during a food festival. Some stories are more memorable than others, but as a whole, this collection is dynamic, varied, and filled with flavor.

Taken from the Hardcover.

**Kirkus Reviews starred (**April 15, 2019)

A collection of 13 #ownvoices stories that amplify the central role food plays in families and cultures. The web of stories in this anthology unfolds in Hungry Heart Row, a neighborhood where myriad cafes, bakeries, and restaurants abound, renowned for their great food, unsurpassed hospitality, and—in some cases—magical meals to cure every malady. In Sandhya Menon’s (There’s Something About Sweetie, 2019, etc.) “Grand Ishq Adventure,” Neha writes a blog and has no problem advising her readers what to do, but her own love life is going nowhere—until she takes some of her own advice. The heroine in “Panadería-Pastelería” by Anna-Marie McLemore (Blanca &amp; Roja, 2018, etc.) expresses herself through the language of baking rather than words, showing her caring through carefully chosen, lovingly made baked goods. The cast of unconventional, diverse characters—who run into one another in different stories—includes a Muslim superhero, a teen of Native (nation unspecified) and white ancestry, and a Jewish girl struggling after trauma. The stories use food and restaurant settings to frame engaging narratives connecting to themes of first love, belonging and isolation, family conflict, and loyalty, spiced up with elements of the supernatural, fantasy, and magical realism. A brilliant multicultural collection that reminds readers that stories about food are rarely just about the food alone. (map, about the authors) (Anthology. 13-adult)

Taken from the Hardcover.

**Publishers Weekly** (April 22, 2019)

Contributed by a multicultural group of authors, including Jay Coles, Sara Farzian, and Sandhya Menon, and representing a blending of genres and cultures, this #OwnVoices anthology considers the ways that food can feed both body and soul. Interconnected stories follow different inhabitants of Hungry Heart Row, where the residents are close and the myriad restaurants and bakeries feed more than just a hungry stomach. In Rebecca Roanhorse's startling "The Missing Ingredient," a biracial daughter just wants her mother to move on from her late Native American father's failing restaurant. In Rin Chupeco's vividly imagined "Sugar and Spite," the magic whispered into Old Manila's Soup No. 5 comes with a careful interview to make sure it's used correctly. And Elsie Chapman's "Kings and Queens" explores the burdens of serving dishes that can send a message of forgiveness or certain death. Emphasizing the importance of love, family, and culture, and written with delectable descriptions, each story is best savored like a favorite dish: slowly and with great relish. Ages 12-up. (June) © Copyright PWxyz, LLC. All rights reserved.

Taken from the Hardcover.

**School Library Journal** (May 1, 2019)

Gr 8 Up-Hungry Hearts Row is every foodie's dream presented on a young adult platter. Each of the 13 notable authors in this anthology, including Sandhya Menon, Sara Farizan, and Anna-Marie McLemore, spins a tale that takes place or relates back to Hungry Hearts Row, a geographically ambiguous neighborhood hosting mostly independently owned restaurants, cafés, convenience stores, and pastelerías, each of which serves its unique flavors from all over the world. Each story explores the overall theme of food: how it connects us across generations and borders, how expertise in its creation can be mostly inherited and possibly learned, how recipes can consist of more than just food, and how each course can satiate more than hunger. While dishes are described in mouth-watering detail, contributors don't shy away from secondary themes of family, faith, first love, xenophobia, mental and physical health, and gentrification. Not confined by any one genre, these authors serve up a sampler platter comprised of realistic meet-cute romance, anxiety-ridden self-discovery, vengeful magical realism, superhero fantasy, and tests of grief-stricken family foundations, all seamlessly blended together within the Hungry Hearts world. If home is where the heart is, this gourmet story collection is a place many readers will ache to call home. VERDICT A well-rounded, delicious addition to most *middle school and YA collections*, especially where anthologies, fiction about food, or these authors' works are popular.-Brittany Drehobl, Morton Grove Public Library, IL © Copyright 2019. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted. Taken from the Hardcover.